

# National Perinatal Association Annual Conference 2020 – Innovative Poster Session

Jerry Ballas, MD, MPH

*The National Perinatal Association (NPA) is an interdisciplinary organization that strives to be a leading voice for perinatal care in the United States. Our diverse membership is comprised of healthcare providers, parents & caregivers, educators, and service providers, all driven by their desire to give voice to and support babies and families at risk across the country.*

*Members of the NPA write a regular peer-reviewed column in Neonatology Today.*



***“This year the chosen theme focused on the 4th Trimester and the various areas of vulnerability for parents and infants during this time, as well as the resources available for support.”***

Every year, the poster session at the National Perinatal Association annual conference proves to be one of the best op-



portunities to network with colleagues from across the nation. From longtime members highlighting their ongoing work to first-time attendees presenting unique research, the poster session has always been a source for advocates and innovators to exchange ideas and contact information. In that regard, this year was no different.

In every other way, however, this year's poster session was like no other.

With NPA's annual conference going virtual for 2020, the traditional poster session had to be re-imagined in a way that would allow presenters to display their work and connect with attendees. The first step was creating a virtual space to display their work, created by NPA's own Director of Communications, Erika Goyer. All posters can still be accessed at <https://www.npa-conference.org/posters>.

The next step was offering presenters the option of converting an otherwise static poster traditionally on display at our in-person meeting to an audio-guided presentation of their work. Everyone did an amazing job pivoting to the new format, once again proving the versatility and adaptability of NPA members, attendees, and presenters.

And finally, each presentation had a direct link to either send a message or schedule a

time to meet virtually, all in the spirit of networking and exchanging ideas that any traditional poster session was designed to do.

Two posters are typically awarded top honors, one for Original Research and another for Innovative Models of Care. This year, there was a tie for best Original Research poster between Social Work Ph.D. candidate Molly Gebler's "[Babywearing in the NICU: An intervention with NAS](#)" and Fourth Year Medical Student Sneha Rajendran's "[The impact of sociodemographic characteristics on postpartum depression in Hispanic women.](#)"

For the Innovative Models of Care, the top honor went to Ryan Nicoll, MSW, LISW-S, for her work in implementing an amazing program at Nationwide Children's Hospital entitled "[Neonatal Social Work Care Coordination in the NICU & NICU follow-up.](#)"

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## WELCOME

# POSTER PRESENTATIONS



We are grateful to our presenters for sharing their research. Please take a moment to show your appreciation and share your insights. You may find a new partner and ally.

# Innovative Models of Care: Essential Knowledge and Competencies for Psychologists Working in Neonatal Intensive Care Units (NICUs)



Tiffany Willis, PsyD



Make an appointment to meet online.

## AWARD WINNER Research



### The Impact of Sociodemographic Characteristics on Postpartum Depression in Hispanic Women



Make an appointment to meet online.

AWARD WINNER

Innovative Models of Care



## "Babywearing" in the NICU: An intervention for infants with Neonatal Abstinence Syndrome



Molly Gebler  
LMSW - PhD Student



Make an appointment to meet online.

While the hope is for NPA to return to an in-person format for this year's conference in December 2021, our 2020 virtual poster conference's success has opened new potential avenues for ongoing innovation. By leveraging technology while committing to networking and creating connections, future poster sessions will likely become multimodal, multimedia events that will combine the

best attributes of in-person presentations and virtual platforms to achieve wider, more diverse participation.

Keep an eye out for NPA's 2021 Conference Announcement coming soon and see how you may be able to participate as either an attendee or presenter and prepare to make some invaluable

AWARD WINNER

Research



## Neonatal Social Work Care Coordination in the NICU and NICU Follow-Up



Ryan Nicoll,  
MSW, LISW-S



Make an appointment to meet online.

connections.

**References:**

1. <https://www.npaconference.org/posters>
2. <https://www.youtube.com/watch?v=uIA1WFSrneg&feature=youtu.be>
3. <https://youtu.be/FHHPuaAJUG0>
4. <https://youtu.be/3btIQ-sa4Ms>

*Disclosure: The National Perinatal Association [www.nationalperinatal.org](http://www.nationalperinatal.org) is a 501c3 organization that provides education and advocacy around issues affecting the health of mothers, babies, and families.*

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