

2021 Hand to Hold NICU Community Conference: The First Ever Conference for NICU Parents and Professionals

Kelli Kelley



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The Hand to Hold NICU Community Conference is a FREE online conference designed for current and NICU graduate parents, caregivers, and NICU professionals.

We are excited to welcome author Susan David as our keynote speaker. Recently a guest on Brene Brown's Dare to Lead podcast, David is the author of the #1 The Wall Street Journal best-selling book, *Emotional Agility*, a TED Speaker, and an award-winning Harvard Psychologist. She is one of the world's most influential management thinkers. “Because our thoughts, emotions, and actions drive everything: every aspect of how we LOVE, LIVE, PARENT, and LEAD.”

For NICU professionals, The NICU Community Conference is the first, and only conference specifically focused on improving support of NICU families, including topics related to equity and inclusion, trauma-informed care, palliative care, and coping with trauma. Sessions are free, and continuing education credits are available for select sessions.

For NICU parents and NICU graduate parents, the NICU Community Conference will address important issues ranging from mental health challenges that often follow a traumatic birth to tackling common concerns for NICU graduates, including feeding, sensory integration, and meeting developmental milestones. Select parent sessions are also available in Spanish.



**THE FIRST EVER CONFERENCE FOR
NICU PARENTS AND PROFESSIONALS**



Your trusted family-centered care resource

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*CEU credits will be available for our NICU Professional Track sessions

NOVEMBER 3-5, 2021

Encouragement

Education

Empowerment

Hand to Hold has worked tirelessly over the past decade to raise awareness of the devastating impact of traumatic birth and the long-term psychological maladies that plague NICU parents and directly impact their ability to bond with, and care for, their medically fragile child. These circumstances can have a devastating impact on the baby's physical, cognitive, behavioral, and emotional development.

Building upon the valuable insights we garnered in 2020, we are excited to host the first free, virtual conference for NICU parents and professionals focused on improving the long-term outcome of NICU babies and their families.

We cannot wait to see you there! Learn more and register today at <https://events.hubilo.com/handtohold/register>.

Disclosures: There are no relevant disclosures identified.

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